



**Universal HEALING TAO System**  
**Council of 9 & Chi Nei Tsang Committee**  
*UHT - Continental Network Center Asia*  
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### UHT Chi Nei Tsang Curriculum

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## Models of combining online teaching with Grandmaster Mantak Chia, and presence guidance by CNT teachers for certification in Chi Nei Tsang?

There are several ways that you can gain certification through this online Chi Nei Tsang training with Master Chia. Please read through our certification models below. There is also the option to join this online training to practice on family and friends - please arrange to have a healthy person with you that you can practice on. In order to protect yourself and the other person, you should not lay your hands on someone else if you are feeling sick.

**Please Note:** Before you are officially certified you cannot advertise with the term Chi Nei Tsang® or the Chi Nei Tsang logo®.

### Model A

- Book a 4-day online CNT seminar in August from 9:00 -15:00 CET with Grandmaster Mantak Chia
- Participate in a group with a UHT CNT Teacher or UHT CNT Senior Teacher alongside the online training with Master Mantak Chia. This is a hands-on training with additional expert guidance and support from teachers. This takes place on the same dates with the same times - following the Live transmission. After each day of the webinar, you will receive an additional 2 hours guidance with CNT Teacher/Senior Teacher (The extra cost is 210€ paid directly to the CNT Teacher. Email them to arrange your place - see list below for teachers offering this in your area)
- After this you can start collecting your UHT Chi Nei Tsang Case Study Forms

### Model B

- Book a 4-day online CNT seminar in August from 9:00 -15:00 CET with Grandmaster Mantak Chia
- Follow the online training at home. You should arrange to be with one healthy person as a model to practice the techniques. There is practice time allocated for hands-on work during the seminar.
- Follow-up this 4 day training with a specific 2 day training with a local CNT teacher. This is a hands on training with explanation of case study forms (The extra cost is 210€ paid directly to the CNT Teacher. Email them to arrange your place - see list below for teachers offering this in your area)
- After this you can start collecting your UHT Chi Nei Tsang Case Study Forms

### Model C

- Book a 4-day online CNT seminar from 9:00 -15:00 CET with Grandmaster Mantak Chia
- Follow the online training at home. You should arrange to be with one healthy person as a model to practice the techniques. There is practice time allocated for hands-on work during the seminar.
- Trainee makes individual arrangement for personal supervision with a CNT teacher, this can be an intensive one-day training.
- After this, you can start collecting your UHT Chi Nei Tsang Case Study Forms

### Model D

- For those who have done some CNT training previously: Book a 4-day CNT seminar course and use it as an extra support and development of your CNT techniques. You can enjoy upskilling and learning directly from Master Chia. You can later complete the certification process once your cases studies are complete and get assessed by a Senior Teacher.

Steps to participating in CNT online seminars

1. Book the online seminar
2. (i) For **Model A** - contact a CNT teacher from the list and confirm your place for the dates of the seminar. Make extra payment to CNT teacher directly.  
(ii) For **Model B & C** - contact a local CNT teacher and arrange dates for follow-up training after the seminar  
(ii) For **Model D** - complete your certification process by completing your cases studies and getting assessed by a Senior Teacher

# CNT I - Energetic opening of Body, Mind and Spirit

## Become a UHT CNT I Trainee (student/participant)

Apply in writing for study and training

**CNT I Course:** Attend a CNT I group course of 28 hours (your first course in CNT I). (28h)

Teachings of CNT I techniques including anatomy taught by GMC or a CNT Senior Teacher or CNT Teacher, (key CNTT1).

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig

CNT I Course Curriculum (total 28h)

Theory: (6h)

- Anatomy
- CNT I techniques
- Opening Wind Gates,
- Methods for cleansing intestine with herbs or hydro-colonic.

Practical: (18h)

- CNT Self-massage
- CNT I Hands on techniques
- Opening Wind Gates
- Learn to release negative energy, to protect and cleanse yourself.

Basic training: (4h)

- Inner Smile
- Six Healing Sounds
- Iron Shirt Chi Kung

**Result:** Allows to work as a CNT I Trainee for collecting study cases in CNT I. Collect within 24-months 70 UHT Chi Nei Tsang Case Study Forms. 60 can be done in a sequence of 12 x 5 sessions and 10 can be done in single sessions.

Those who are already working in physical therapies just need to collect 25 case study forms.

## Become a UHT CNT I Practitioner

As a CNT I Trainee, apply in writing for study and training

**CNT I course:** Attend a CNT I course of 28 hours (second course in CNT I) taught by GMC or a CNT Senior Teacher or CNT Teacher, (key CNTT1)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig

**Case studies:** Present on arrival of the course a minimum 70 UHT Chi Nei Tsang Case Study Forms in CNT I.

**Extra recommended courses:**

Attend a Universal Healing Tao Basic course, that includes Six Healing Sounds, Inner Smile and Iron Shirt Chi Kung I. (extra 24h)

A Universal Healing Tao course, that includes Microcosmic Orbit, Healing Love is recommended. (extra 16h)

**Evaluation:** by CNT Senior Teacher or CNT I Teacher, supervised by CNT Senior Teacher

**Result:** Certified CNT I Practitioner

Which allows you to work as a CNT I Practitioner on students and clients.

Your profile as a CNT I Practitioner is added to the Universal Healing Tao CNT practitioner website. (Key CNTP1)

## Become a CNT I Teacher

Prerequisite:

- Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- CNT I, II & III Practitioner
- CH I Practitioner
- Work as an active CNT I Practitioner for minimum 3 years

As a CNT I Practitioner, apply in writing for study and training

**Assisting:** Participate as assistant in a 28-hour CNT I group course.

Teachings of CNT I techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher. (28h)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

**Case studies:** Present on arrival of the course a minimum 140 UHT Chi Nei Tsang Case Study Forms in CNT I.

**Evaluation:** by Master Mantak Chia or 2 CNT Senior Teachers, key CNTST

**Result:** Certification as CNT I Teacher

Allows to teach CNT I and have students

UHT Instructor Directory will send out mailing list to advertise for Teacher  
If UHT Instructor Directory receives names/email addresses from students of Teacher  
Profile of CNT Teacher is added into the Universal Healing Tao/CNT Practitioner/Teacher  
website (Key CNTT1)

## Become a CNT Senior Teacher

Minimum prerequisite:

- Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- CNT I, II & III Teacher
- CH I Teacher
- Work as an active CNT Teacher for minimum 3 years
- Having educated min. 6 Practitioners in level of CNT I, II or III, while you are a certified CNT I, II & III Teacher, in each level.
- Showed outstanding relation and cooperation ship with Universal Healing Tao System.

As a CNT I, II & III Teacher, apply in writing for study and training

**Assisting:** Participate as assistant and teach at a CNT I, II & III group courses. Teachings of CNT I, II & III techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher. (77h)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

**Evaluation:** by Master Mantak Chia.

\*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole.

**Result:** Certification as CNT Senior Teacher

Allows to teach CNT and evaluate CNT I, II & III Practitioners

UHT System will send out mailing list to advertise for Senior Teacher

UHT System receives names/email addresses from students of Senior Teacher

Profile of CNT Senior Teacher is added into the UHT Instructor-Directory website (Key CNTST)

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System.

# Optional Addition to CNT I - Microcurrent

## Become a CNT I Microcurrent Trainee

Prerequisite: Followed a 28-hour CNT I course.

Apply in writing for study and training

CNT I Microcurrent Course: Attend a CNT I microcurrent group course of 10 hours (your first course in CNT I microcurrent). (10h)

Teachings of CNT I Microcurrent techniques including anatomy taught by a CNT Senior Teacher or CNT Microcurrent Teacher with

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang Microcurrent, by Master Chia & Aisha Sieburth

Result: Allows to work as a CNT I Microcurrent Trainee for collecting study cases in CNT I microcurrent. Collect within 24-months 100 study cases. 90 Can be done in a sequence of 18 x 5 sessions and 10 can be done in single sessions.

## Become a CNT I Microcurrent Practitioner

Prerequisite: CNT I Practitioner and CNT I Trainee

As a CNT I micro. trainee, apply in writing for study and training

CNT I Microcurrent course: Attend a CNT I Microcurrent course of 10 hours (second course in CNT I microcurrent) taught by a CNT Senior Teacher or CNT I microcurrent Teacher with key CNTT1?

Here is a discussion: should this second course be an advanced course only taught by senior teacher?

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang Microcurrent, by Master Chia & Aisha Sieburth

Case studies: Present on arrival of the course a minimum 100 UHT Chi Nei Tsang Case Study Forms I microcurrent. 90 Can be done in a sequence of 18 x 5 sessions and 10 can be done in single sessions.

Evaluation: by Master Chia or CNT Senior Teacher

Result: Certification as CNT I Microcurrent Practitioner

Allows to work as a CNT Microcurrent Practitioner (with key ?) on students and clients.

Your profile as a CNT I Microcurrent Practitioner is added to the Universal Healing Tao CNT practitioner website. (Key ?)

## Become a CNT I Microcurrent Teacher

Prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I Practitioner, CNT II Practitioner and CNT III Practitioner.
- o Work as an active CNT I Microcurrent Practitioner for minimal 4 years.

As a CNT I micro. practitioner, apply in writing for study and training

Assisting: Participate as an assistant in a 10-hour CNT I Microcurrent course, as taught by a CNT Senior Teacher or CNT I microcurrent Teacher with key CNTT1?

Here is a discussion: should this second course be an advanced course only taught by senior teacher?

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang Microcurrent, by Master Chia & Aisha Sieburth

Case studies: Present on arrival of the course a minimum 200 case studies in CNT I. 180 Can be done in a sequence of 36 x 5 sessions and 20 can be done in single sessions.

Extra required courses:

Attend min. 21 hours Cosmic Healing Training with Master Chia or Cosmic Healing Teacher or Senior Teacher

Recommendation: It is recommended to certify as Cosmic Healing Practitioner and to become Cosmic Healing Teacher within 2-3 years after having been certified as a CNT I, II and III Teacher.

Evaluation: by Master Chia or CNT Senior Teacher with key ST. Than this is also a discussion, only Mantak Chia?

Result: Certification as CNT I Microcurrent Teacher

Allows to teach CNT I Microcurrent and have students

UHT System will send out mailing list to advertise for Teacher

If UHT System receives names/email addresses from students of Teacher

Profile of CNT Teacher is added into the Universal Healing Tao/CNT Practitioner/Teacher website (key ?)

## **Become a CNT I Microcurrent Senior Teacher**

Prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I Senior Teacher, CNT II Teacher and CNT III Teacher.
- o Work as an active CNT I microcurrent Teacher for minimal 6 years.
- o Having educated min. 10 Practitioner in level of CNT I microcurrent as certified Practitioner

As a CNT I micro. Teacher, apply in writing for study and training

Assisting: Participate as assistant and teach in a 10-hour CNT I Microcurrent course, as taught by a CNT Senior Teacher or only Mantak Chia

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang Microcurrent, by Master Chia & Aisha Sieburth

Evaluation: by Master Chia or CNT Senior Teacher with key CNTST. Than this is also a discussion, only Mantak Chia?

Result: Certification as CNT Senior Teacher with key CNTST

Allows to teach CNT and evaluate CNT Practitioner

UHT System will send out mailing list to advertise for Senior Teacher

UHT System receives names/email addresses from students of Senior Teacher

Profile of CNT Senior Teacher is added into the Universal Healing Tao Database.

#### Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System.



# CNT II - Chasing the Winds

## Become a CNT II Trainee

Prerequisite: 28-hour group training of CNT I techniques with CNT Senior Teacher or CNT I Teacher

Apply in writing for study and training

CNT II Course: Attend a CNT II group course of 28 hours (your first course in CNT II).  
(28h)

Teachings of CNT II - Chasing the Winds techniques including anatomy taught by a CNT Senior Teacher or CNT Teacher, (key CNTT1 & T2)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefina Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia

CNT II Course Curriculum (total 28h)

Theory: (6h)

- o Anatomy
- o CNT II techniques
- o Chasing the Winds,
- o Each wind according to a specific ailment with anatomy part
- o Clean intestine with herbs or hydro colonic

Practical: (18h)

- o CNT Self-massage
- o CNT II Hands on techniques
- o Exchanging CNT massage technique with different partners
- o Learn to release negative energy, to protect and cleanse yourself.

Basic training: (4h)

- o Iron Shirt I
- o Microcosmic Orbit
- o Elixer Chi Kung

Result: Allows to work as a CNT II Trainee for collecting study cases. Collect within 24-months 70 study cases. 60 Can be done in a sequence of 12 x 5 sessions and 10 can be done in single sessions.

## Become a CNT II Practitioner

As a CNT II trainee, apply in writing for study and training

CNT II course: Attend a CNT II course of 28 hours (second course in CNT II) taught by a CNT Senior Teacher or CNT II Teacher, (key CNTT1 & T2)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia

- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia

Case studies: Present on arrival of the course a minimum 70 case studies in CNTII.

Extra recommended courses:

Attend a Universal Healing Tao course, that includes activating 3 fires, microcosmic orbit and Iron Shirt Chi Kung I (extra 24h)

A Universal Healing Tao course & Elixer Chi Kung (extra 16h)

Evaluation: by CNT II Senior Teacher or CNT II Teacher, supervised by CNT Senior Teacher

Result: Certified CNT II Practitioner

Which allows you to work as a CNT II Practitioner on students and clients

Your profile as a CNT II Practitioner is added to the Universal Healing Tao CNT practitioner website (Key CNTP2)

## Become a CNT II Teacher

Prerequisite:

- o Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I Teacher
- o CNT II & III Practitioner
- o CH I Practitioner
- o Work as an active CNT II Practitioner for minimum 3 years

As a CNT II Practitioner apply in writing for study and training

Assisting: Participate as an assistant in a 28-hour CNT II group course

Teachings of CNT II techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher. (28h)

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Master Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Master Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

Case studies: Present on arrival of the course a minimum 140 case studies in CNT II.

Evaluation: by Master Mantak Chia or 2 CNT Senior Teachers, key ST

Result: Certification as CNT II Teacher

Allows to teach CNT II and have students

UHT System will send out mailing list to advertise for Teacher

If UHT System receives names/email addresses from students of Teacher

Profile of CNT Teacher is added into the Universal Healing Tao database (Key CNTT2)

## Become a CNT II Senior Teacher

Minimal prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I, II & III Teacher
- o CH I Teacher

- o Work as an active CNT Teacher for minimum 3 years
- o Having educated min. 6 Practitioners in level of CNT I, II or III each while you are a certified CNT I, II & III Teacher

As a CNT I, II & III Teacher, apply in writing for study and training

Assisting: Participate as assistant and teach at a CNT I, II & III group course. Teachings of CNT I, II & III techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher. (77h)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

Evaluation: by Master Mantak Chia

\*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole.

Result: Certification as CNT Senior Teacher

Allows to teach CNT and evaluate CNT I, II & III Practitioners

UHT System will send out mailing list to advertise for Senior Teacher

UHT Instructor Directory receives names/email addresses from students of Senior Teacher

Profile of CNT Senior Teacher is added into the Universal Healing Tao database

(Key CNTST)

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System,

# CNT III - Tok Sen - Healing Harmony - Internal Muscle, Tendon, Meridian Massage –

## Become a CNT III trainee

Prerequisite: 28-hour group training in CNT I Techniques with CNT Senior Teacher or CNT I Teacher

Apply in writing for study and training

CNT III Course: Attend a CNT III group course of 21 hours (your first course in CNT III).  
(21h)

Teachings of CNT III, Healing Harmony techniques including anatomy taught by a CNT Senior Teacher or CNT Teacher, (key CNTT1 & T3)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia

CNT III Course Curriculum (total 21h)

Theory: (4h)

Anatomy

- o CNT III techniques
- o Healing Harmony
- o Intensive muscle, tendon and meridian treatments
- o Clean intestine with herbs or hydro colonic

Practical: (15h)

- o CNT III Hands on techniques
- o Exchanging CNT III massage technique with different partners
- o Learn to release negative energy, to protect and cleanse yourself.

Basic training: (4h)

- o Iron Shirt I
- o Inner Smile
- o 6 Healing Sounds

Result: Allows to work as a CNT III Trainee for collecting case studies. Collect within 24-months 30 case studies. 20 can be done in a sequence of 4 x 5 sessions and 10 can be done in single sessions.

## Become a CNT III Practitioner

As a CNT III trainee, apply in writing for study and training

CNT III course: Attend a CNT III course of 21 hours (second course in CNT III) taught by a CNT Senior Teacher or CNT Teacher, (key CNTT1 & T3)

Study textbooks:

- Chi Nei Tsang I, by Master Chia

- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Master Chia

Case studies: Present on arrival of the course a minimum 30 UHT Chi Nei Tsang 3 Case Study Forms in CNTIII.

Extra recommended courses:

Attend a Universal Healing Tao Basic course, that includes Six Healing Sounds, Inner Smile and Iron Shirt Chi Kung I (extra 24h)

A Universal Healing Tao course, that includes Microcosmic Orbit, Healing Love is recommended (extra 16h)

Evaluation: by CNT Senior Teacher or CNT III Teacher, supervised by CNT Senior Teacher

Result: Certified CNT III Practitioner

Which allows you to work as a CNT III Practitioner on students and clients

Your profile as a CNT III Practitioner is added to the Universal Healing Tao database (Key CNTP3)

## Become a CNT III Teacher

Prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I Teacher
- o CNT II Practitioner and CNT III Practitioner.
- o CH I Practitioner
- o Work as a CNT III Practitioner for minimum 3 years

As a CNT III Practitioner, apply in writing for study and training

Assisting: Participate as assistant a CNT III group course of 21 hours.

Teachings of CNT III techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher. (21h)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

Case studies: Present on arrival of the course a minimum 140 case studies in CNT III. If already CNT II Teacher case studies reduced to 50.

Evaluation: by Master Mantak Chia or 2 CNT Senior Teacher, key ST.

Result: Certification as CNT III Teacher

Allows to teach CNT III and have students

UHT System will send out mailing list to advertise for Teacher

when UHT System receives names/email addresses from students of Teacher

Profile of CNT Teacher is added into the Universal Healing Tao database

(Key CNTT3)

## Become a CNT III Senior Teacher

Minimum prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I, II & III Teacher
- o CH I Teacher
- o Work as an active CNT Teacher for minimum 3 years
- o Having educated min. 10 Practitioners in CNT III while you are a certified CNT I, II & III Teacher
- o Showed outstanding relation and cooperation ship with UHTS

As a CNT I, II & III Teacher, apply in writing for study and training

Assisting: Participate as assistant and teach at a CNT I, II & III group course. Teachings of CNT I, II & III techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher. (77h)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Master Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing, Cosmic Chi Kung by Mantak Chia

Evaluation: by Master Mantak Chia.

\*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole.

Result: Certification as CNT Senior Teacher

Allows to teach CNT and evaluate CNT I, II & III Practitioners

UHT System will send out mailing list to advertise for Senior Teacher

UHT System receives names/email addresses from students of Senior Teacher

Profile of CNT Senior Teacher is added into the Universal Healing Tao database

(Key CNTST)

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project, which is submitted to the UHT System

# CNT IV – Karsai Nei Tsang

## Become a CNT IV Trainee

Prerequisite: 28-hour group training of CNT I Techniques with CNT Senior Teacher or CNT I Teacher

Apply in writing for study and training

CNT IV Course: Attend a CNT IV group course of 21 hours (your first course in CNT IV).  
(21h)

Teachings of CNT IV, Karsai Nei Tsang techniques including anatomy taught by a CNT Senior Teacher or CNT Teacher, (key CNTT1 & T4)

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang IV, Karsai Nei Tsang, Genital Therapeutic Massage by Master Chia

CNT IV Course Curriculum (total 21h)

Theory: (4h)

- o Anatomy
- o CNT IV techniques
- o Karsai Nei Tsang
- o Genital, therapeutic massage techniques
- o Clean intestine with herbs or hydro colonic

Practical: (13h)

- o CNT IV Hands on techniques
- o Exchanging CNT IV massage technique with different partners
- o Learn to release negative energy, to protect and cleanse yourself.

Basic training: (4h)

- o Iron Shirt I
- o Inner Smile
- o 6 Healing Sounds

Result: Allows to work as a CNT IV Trainee for collecting case studies. Collect within 24-months 30 study cases. 20 Can be done in a sequence of 4 x 5 sessions and 10 can be done in single sessions.

## Become a CNT IV Practitioner

As a CNT IV Trainee, apply in writing for study and training

CNT IV course: Attend a CNT IV course of 21 hours (second course in CNT IV) taught by a CNT Senior Teacher or CNT Teacher, key CNTT1 & T4.

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang IV, Karsai Nei Tsang, Genital Therapeutic Massage by Master Chia

Case studies: Present on arrival of the course a minimum of 30 case studies in CNT IV.

Extra recommended courses:

Attend a Universal Healing Tao Basic course, that includes Six Healing Sounds, Inner Smile and Iron Shirt Chi Kung I. (extra 24h)

A Universal Healing Tao course, that includes Microcosmic Orbit, Healing Love is recommended. (extra 16h)

Evaluation: by CNT Senior Teacher or CNT IV Teacher, supervised by CNT Senior Teacher

Result: Certified CNT IV Practitioner

Which allows you to work as a CNT IV Practitioner on students and clients.

Your profile as a CNT IV Practitioner is added to the Universal Healing Tao CNT practitioner website. (Key CNTP4)

## Become a CNT IV Teacher

Prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I Teacher
- o CNT II Practitioner and CNT III Practitioner
- o CH I Practitioner
- o Work as an active CNT IV Practitioner for minimum 3 years.

As a CNT IV Practitioner apply in writing for study and training

Assisting: Assist a CNT IV group course of 21 hours. (21h)

Teachings of CNT IV techniques including anatomy as taught by Mantak Chia or a CNT Senior Teacher, key CNTST & T4

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Master Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Master Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia
- Chi Nei Tsang IV, Karsai Nei Tsang, Genital Therapeutic Massage by Master Chia

Case studies: Present on arrival of the course a minimum of 140 case studies in CNT IV. If already CNT II Teacher case studies reduced to 50.

Evaluation: by Master Mantak Chia or 2 CNT Senior Teachers, key ST & T4.

Result: Certification as a CNT IV Teacher

Allows to teach CNT IV and have students

UHT System will send out mailing list to advertise for Teacher

If UHT System receives names/email addresses from students of Teacher

Profile of CNT IV Teacher is added into the Universal Healing Tao database

(Key CNTT4)

## Become a CNT IV Senior Teacher

Minimum prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT Senior Teacher
- o CH I Teacher



- o Work as an active CNT IV Teacher for minimum 3 years
- o Having educated min. 10 practitioners in level of CNT IV while you are a certified CNT IV Teacher
- o Showed outstanding relation and cooperation ship with UHTS

As a CNT IV Teacher, apply in writing for study and training

Assisting: Participate as assistant and teach at a 21-hour CNT IV group course. Teachings of CNT IV techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher, key ST & T4 (21h)

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Master Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Master Chia
- by Master Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia
- Chi Nei Tsang IV, Karsai Nei Tsang, Genital Therapeutic Massage

Evaluation: by Master Chia.

\*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole.

Result: Certification as CNT IV Senior Teacher

Allows to evaluate CNT IV Practitioners

UHT System will send out mailing list to advertise for Senior Teacher

UHT System receives names/email addresses from students of Senior Teacher

Profile of CNT Senior Teacher is added into the Universal Healing Tao database

(Key CNTST4)

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System.

# CNT V – Life Pulse

## Become a CNT V trainee

Prerequisite: 28-hour group training of CNT I Techniques with CNT Senior Teacher or CNT I Teacher

Apply in writing for study and training

CNT V Course: Attend a CNT V group course of 21 hours (your first course in CNT V).  
(21h)

Teachings of CNT V, Life Pulse techniques including anatomy taught by a CNT Senior Teacher or CNT Teacher, key CNTT1 & T5.

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang V, Life Pulse Massage by Master Chia / Aisha Sieburth

CNT V Course Curriculum (total 21h)

Theory: (4h)

- o Anatomy
- o CNT V techniques
- o Life Pulses
- o Life pulse techniques
- o Clean intestine with herbs or hydro colonic

Practical: (13h)

- o CNT V Hands on techniques
- o Exchanging CNT I massage technique with different partners
- o Learn to release negative energy, to protect and cleanse yourself.

Basic training: (4h)

- o Iron Shirt I
- o Inner Smile
- o 6 Healing Sounds

Result: Allows to work as a CNT V Trainee for collecting case studies. Collect within 24-months 30 study cases. 20 can be done in a sequence of 4 x 5 sessions and 10 can be done in single sessions.

## Become a CNT V Practitioner

As a CNT V trainee, apply in writing for study and training

CNT V course: Attend a CNT V course of 21 hours (second course in CNT V) taught by a CNT Senior Teacher or CNT Teacher, key T1 & T5.

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang V, Life Pulse Massage by Master Chia / Aisha Sieburth

Case studies: Present on arrival of the course a minimum 30 case studies in CNT V.

Extra recommended courses:

Attend a Universal Healing Tao Basic course, that includes Six Healing Sounds, Inner Smile and Iron Shirt Chi Kung I. (extra 24h)

A Universal Healing Tao course, that includes Microcosmic Orbit, Healing Love is recommended. (extra 16h)

Evaluation: by CNT Senior Teacher or CNT V Teacher, supervised by CNT Senior Teacher

Result: Certified CNT V Practitioner

Which allows you to work as a CNT V Practitioner on students and clients.

Your profile as a CNT V Practitioner is added to the Universal Healing Tao database (Key CNTP5)

## Become a CNT V Teacher

Prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT I Teacher, CNT II Teacher and CNT III Teacher
- o CH I Teacher
- o Work as an active CNT V Practitioner for minimum 3 years

As a CNT V Practitioner, apply in writing for study and training

Assisting: Participate as assistant at a 21-hour CNT V group course.

Teachings of CNT V techniques including anatomy taught by a CNT Senior Teacher. (21h)

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Master Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Master Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia
- Chi Nei Tsang V, Life Pulse Massage by Master Chia / Aisha Sieburth

Case studies: Present on arrival of the course a minimum of 140 case studies in CNT V. If already CNT II Teacher case studies reduced to 50.

Evaluation: by Master Chia or 2 CNT Senior Teachers, key ST & T5.

Result: Certification as CNT V Teacher

Allows to teach CNT V and have students.

UHT System will send out mailing list to advertise for Teacher.

If UHT System receives names/email addresses from students of Teacher.

Profile of CNT Teacher is added into the Universal Healing Tao database (Key CNTT5)

## Become a CNT V Senior Teacher

Minimal prerequisite:

- o Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- o CNT Senior Teacher
- o CH I Teacher

- o Work as an active CNT V Teacher for minimum 3 years
- o Having educated min. 6 practitioners in level of CNT V while you are a certified CNT V Teacher
- o Showed outstanding relation and cooperation ship with UHTS

As a CNT V Teacher, apply in writing for study and training

Assisting: Participate as assistant and teach at a 21-hour CNT V group course. Teachings of CNT V techniques including anatomy, as taught by Master Mantak Chia or a CNT Senior Teacher, key CNTST & T5. (21h)

Study textbooks:

- Chi Nei Tsang I, by Master Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Master Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Master Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia
- Chi Nei Tsang V, Life Pulse Massage by Master Chia / Aisha Sieburth

Evaluation: by Master Mantak Chia.

\*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole.

Result: Certification as CNT V Senior Teacher

Allows to evaluate CNT V Practitioners

UHT System will send out mailing list to advertise for Senior Teacher

UHT System receives names/email addresses from students of Senior Teacher

Profile of CNT Senior Teacher is added into the Universal Healing Tao database

(Key CNTST5)

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System