



Education Guide

Overview to start your journey



Pathfinder

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Mantak Chia Canon

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Healing Arts - Branches

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Education Timeline

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Pathfinder Webpages



The Mantak Chia Canon



01. Tao Energy Cultivation - Basic



02. Internal Martial Arts



03. Chi Nei Tsang®

= just a note
? For more detailed descriptions, see
our complete ["The Mantak Chia Canon"](#)



04. Cosmic Healing Qi Gong



05. Inner Alchemy Immortality

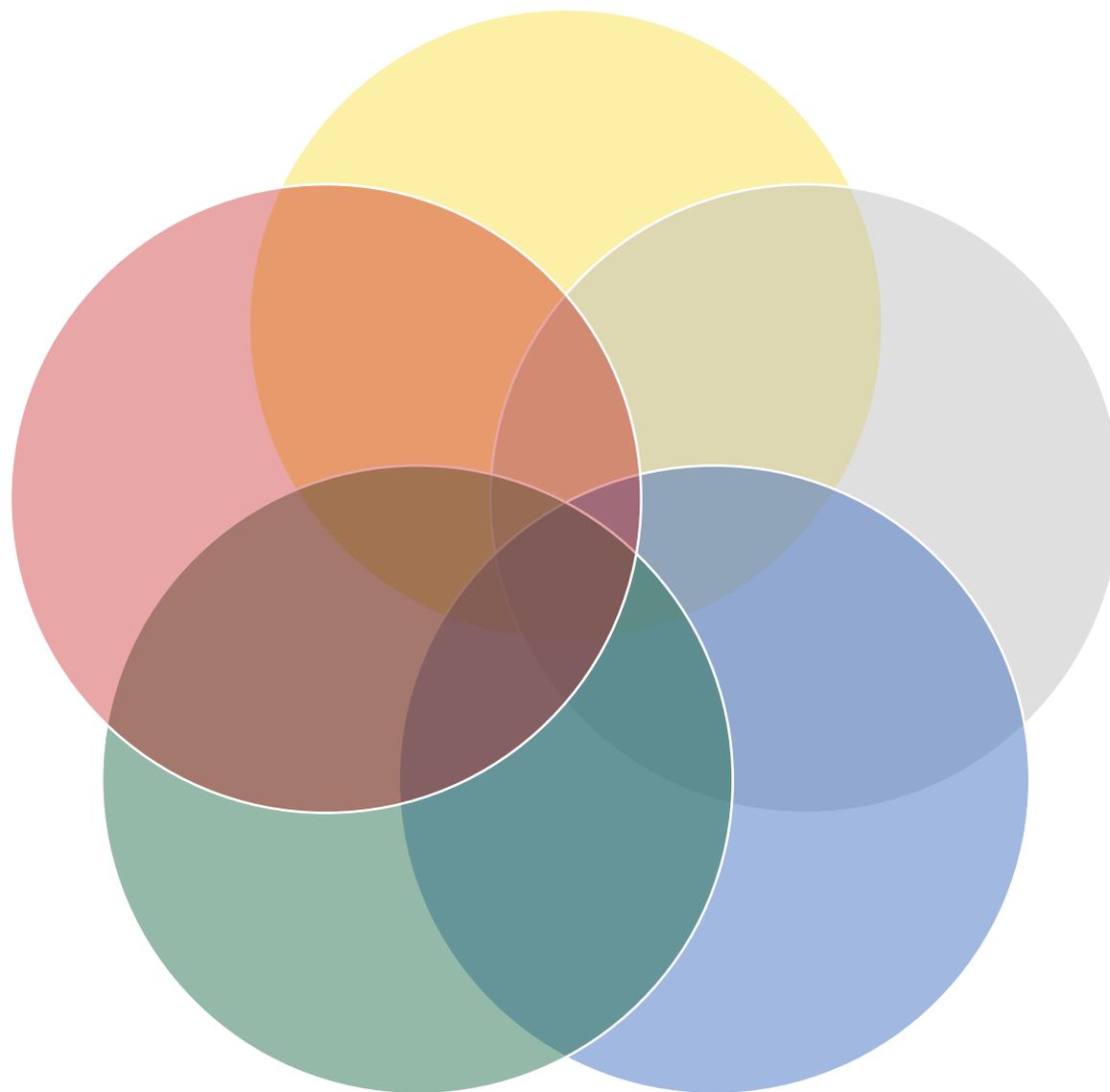


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Education Guide

Overview to start your journey
Part 2 Healing Arts - Branches

The 5 Healing Arts



The 5 Healing Arts



1. Basic Tao Energy Cultivation

- Inner Smile
- 6 Healing Sounds
- Microcosmic Orbit
- Healing Love
- Inner Alchemy Astrology

5. Inner Alchemy Imortality

- Fusion of the 5 Elements 1-2-3
- Kan & Li level 1-2-3
- Sealing of the five Senses
- Congress of Heaven and Earth
- Reunion of Humen and Tao

2. Internal Martial Arts

- Iron Shirt level 1-2-3
- Tai Chi level 1-2-3-4-5-6
- Tan Tien Qigong
- Tao Yin Qigong

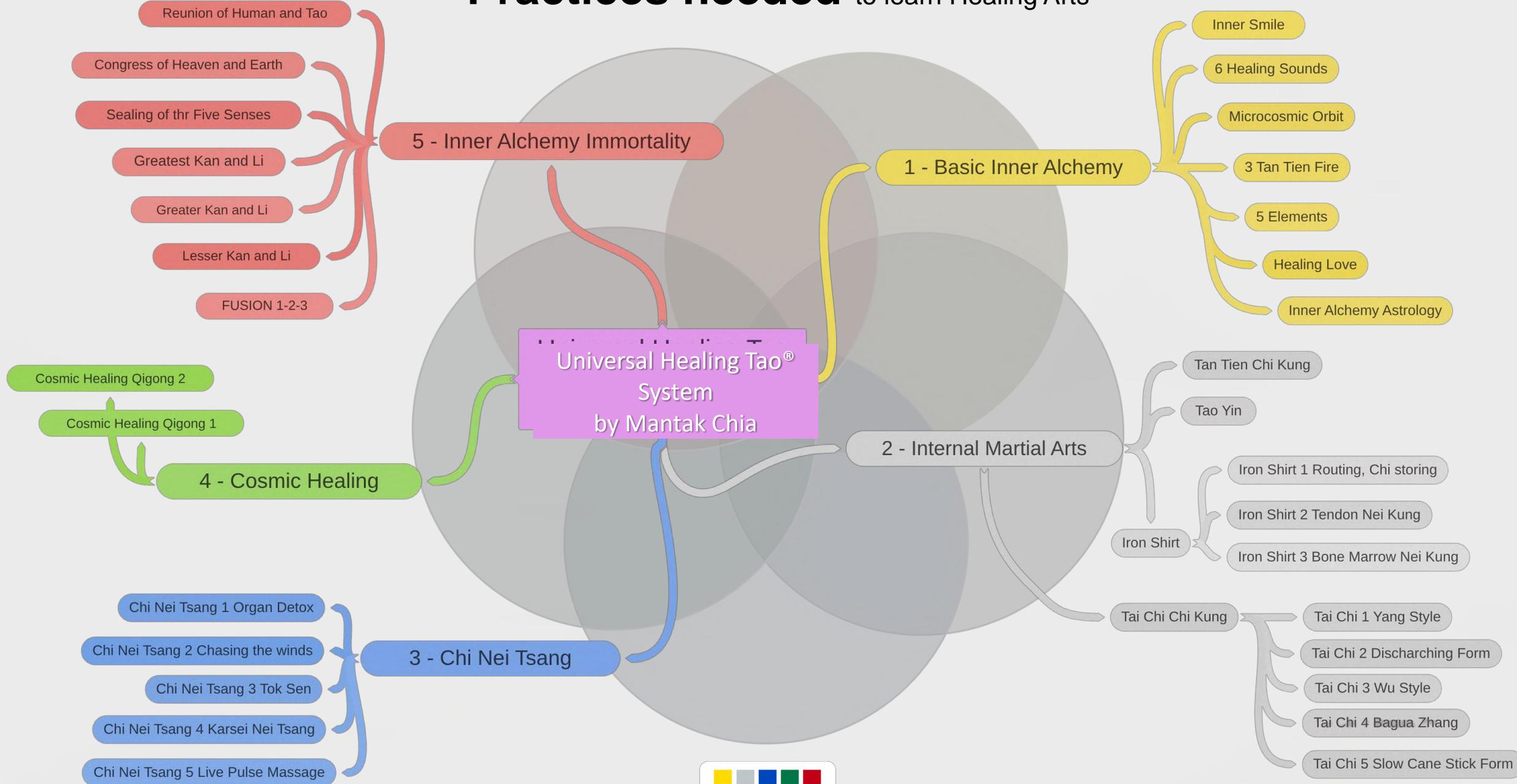
4. Cosmic Healing Qigong

- Cosmic Healing Qigong level 1
- Cosmic Healing Qigong level 2
- Cosmic Healing Qigong level 3
- Buddha Palm Qigong
- Elixir Qigong
- Wisdom Qigong

3. Chi Nei Tsang

- Chi Nei Tsang 1 Organ Detox
- Chi Nei Tsang 2 Chase the Winds
- Chi Nei Tsang 3 Tok Sen
- Chi Nei Tsang 4 Karsei Nei Tsang
- Chi Nei Tsang 5 Live Pulse

Practices needed to learn Healing Arts





Why?

Sleep disorders – Mindfulness and breathing exercises for better sleep

Concentration problems – Meditation and focusing techniques

Headaches – Energy work and energetic self healing methods

Energy loss / exhaustion – Qigong, Tao Yoga, conscious breathing exercises

Loss of efficiency at work – Mindfulness in everyday life, presence exercises

Muscle tension – Progressive muscle relaxation, body awareness

Frequent fatigue – Energy meditations, revitalizing rituals

Anxiety – Inner balance through meditation, affirmations, grounding

Irritability / mood swings – Gratitude practices, heart work

Emotional overload – Self-compassion, emotional regulation



Why?

using
Universal Healing Tao
practices

Stress trigger

Sleep disorders – Mindfulness and breathing exercises for better sleep

Concentration problems – Meditation and focusing techniques

Headaches – Energy work and energetic self healing methods

Energy loss / exhaustion – Qigong, Tao Yoga, conscious breathing exercises

Loss of efficiency at work – Mindfulness in everyday life, presence exercises

Muscle tension – Progressive muscle relaxation, body awareness

Frequent fatigue – Energy meditations, revitalizing rituals

Anxiety – Inner balance through meditating, affirmations, grounding

Irritability / mood swings – Gratitude practices, heart work

Emotional overload – Self-compassion, emotional regulation



Universal Healing Tao® System Training

Start



As a first step in Mantak Chia's Universal Healing Tao System®, beginners start with a **"UHT Basic course"** (2-4 days) to start being aware of your inner alchemy.



The next step is to train your body specifically to channel and store the awakened chi. For this reason, we recommend the UHT course **"Iron Shirt 1"** (2 days).



Beginners can also start in the **"Chi Nei Tsang® Practitioner"** level. This part of the UHT system covers detoxifying massage methods.



Another starting step is the **"Cosmic Healing Practitioner"** level. This is the shamanistic branch of the UHT system.



After the first steps, beginners start the UHT meditation journey into their inner alchemy with the **"FUSION of the 5 Elements"** level (2–5 days).



3

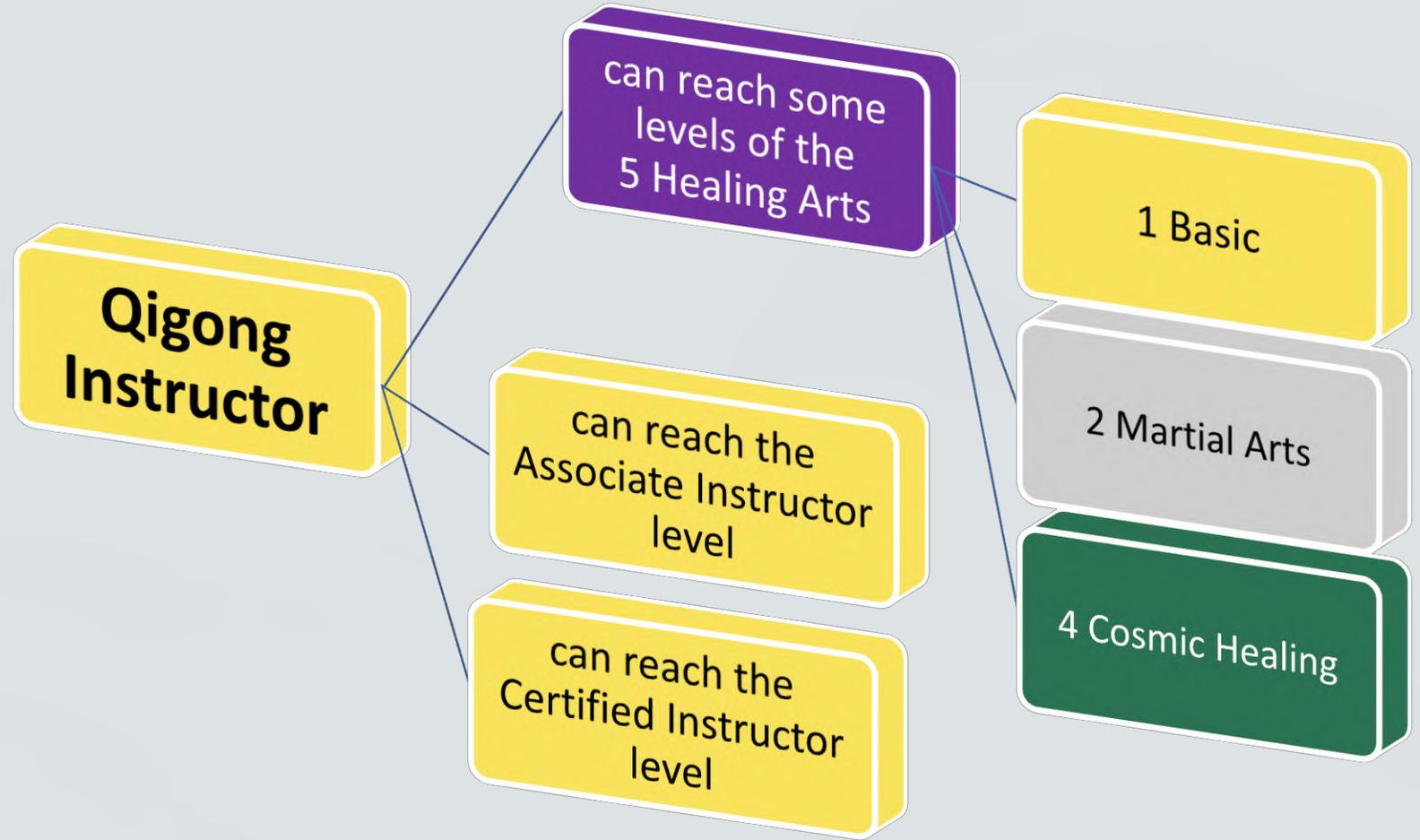
Education Guide

Overview to start your journey
Part 3 Education & Requirements



Universal Healing Tao® System Inner Alchemy Training

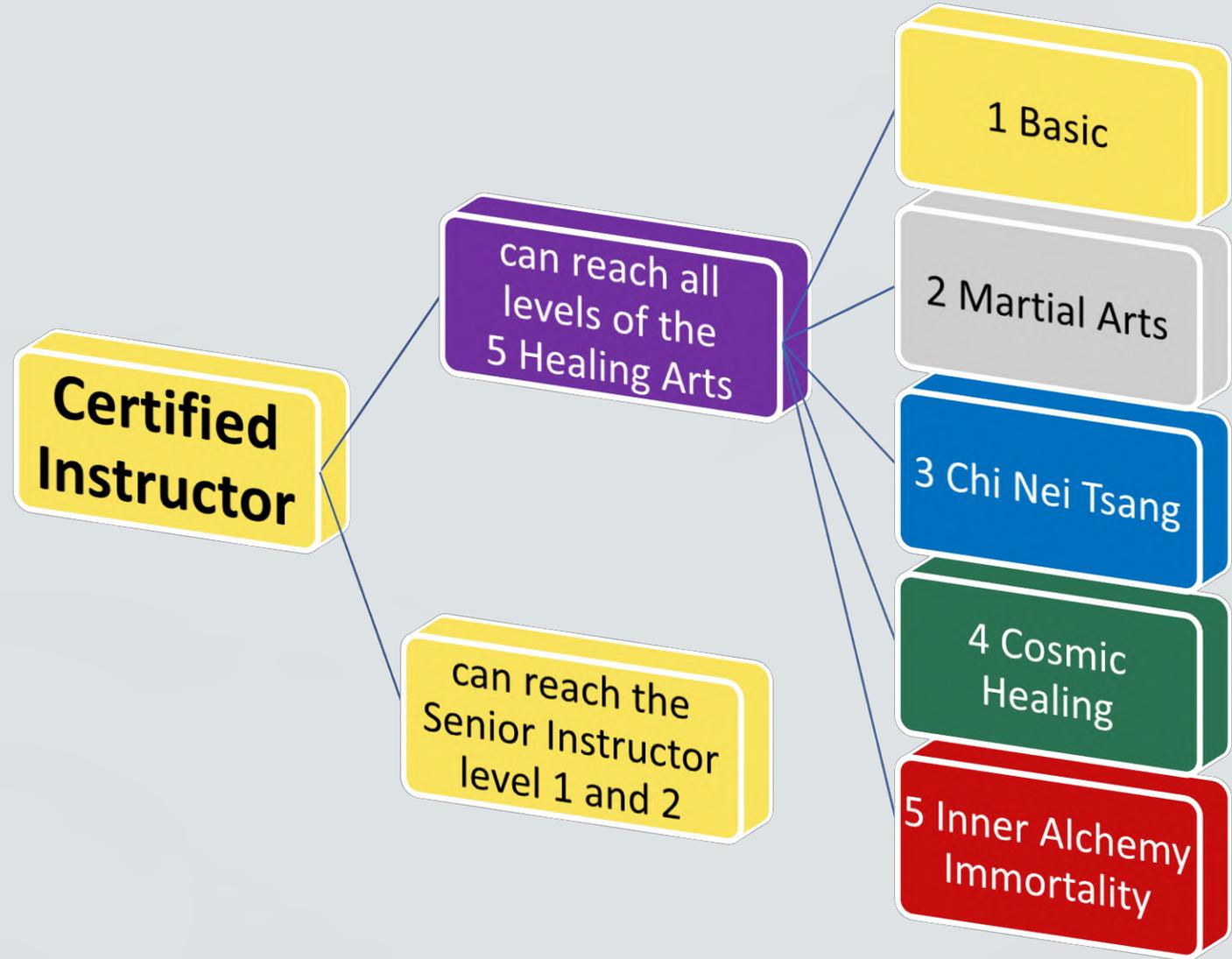
Qualify





Universal Healing Tao® System Inner Alchemy Training

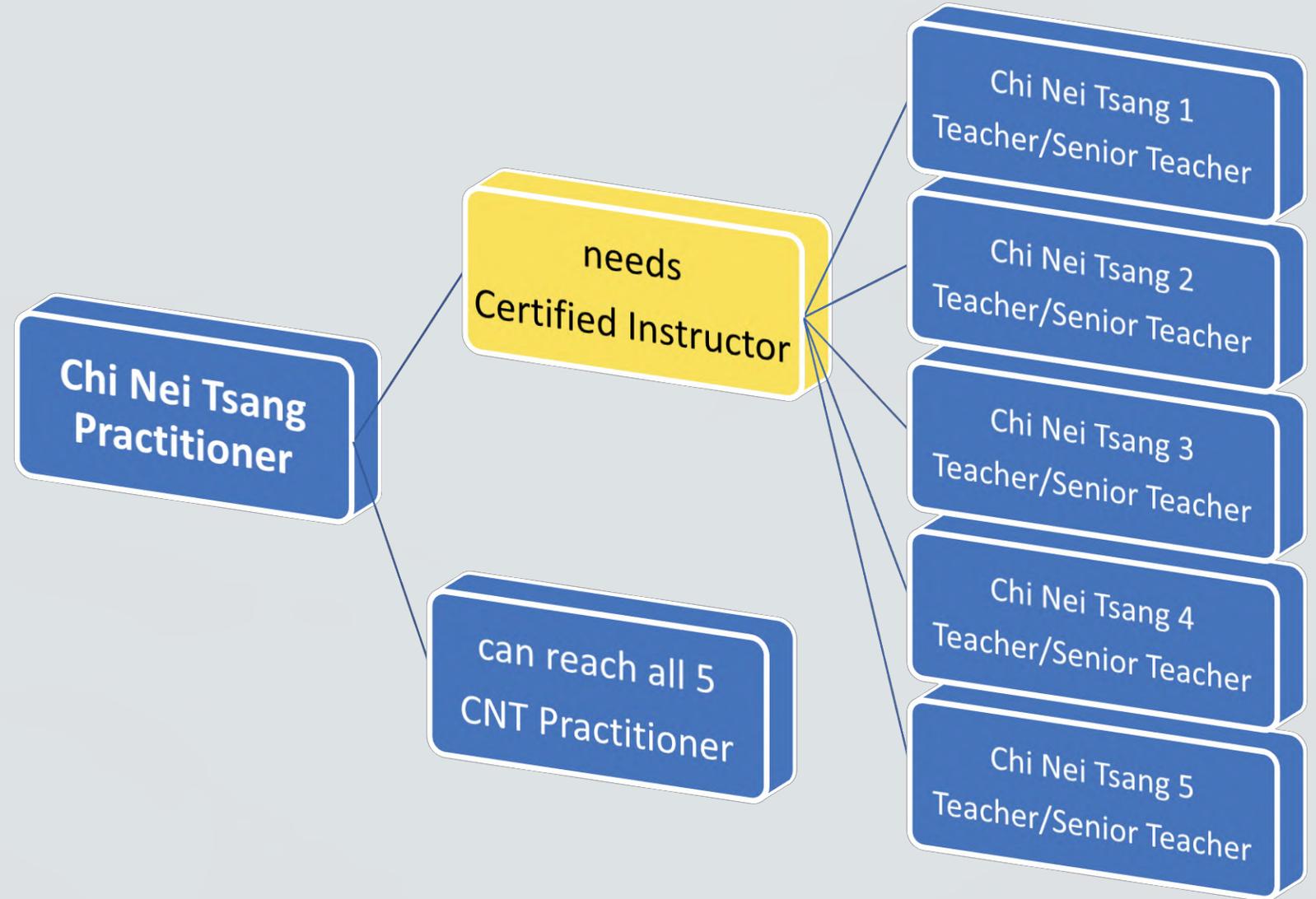
Further qualify





Universal Healing Tao® System Inner Alchemy Training

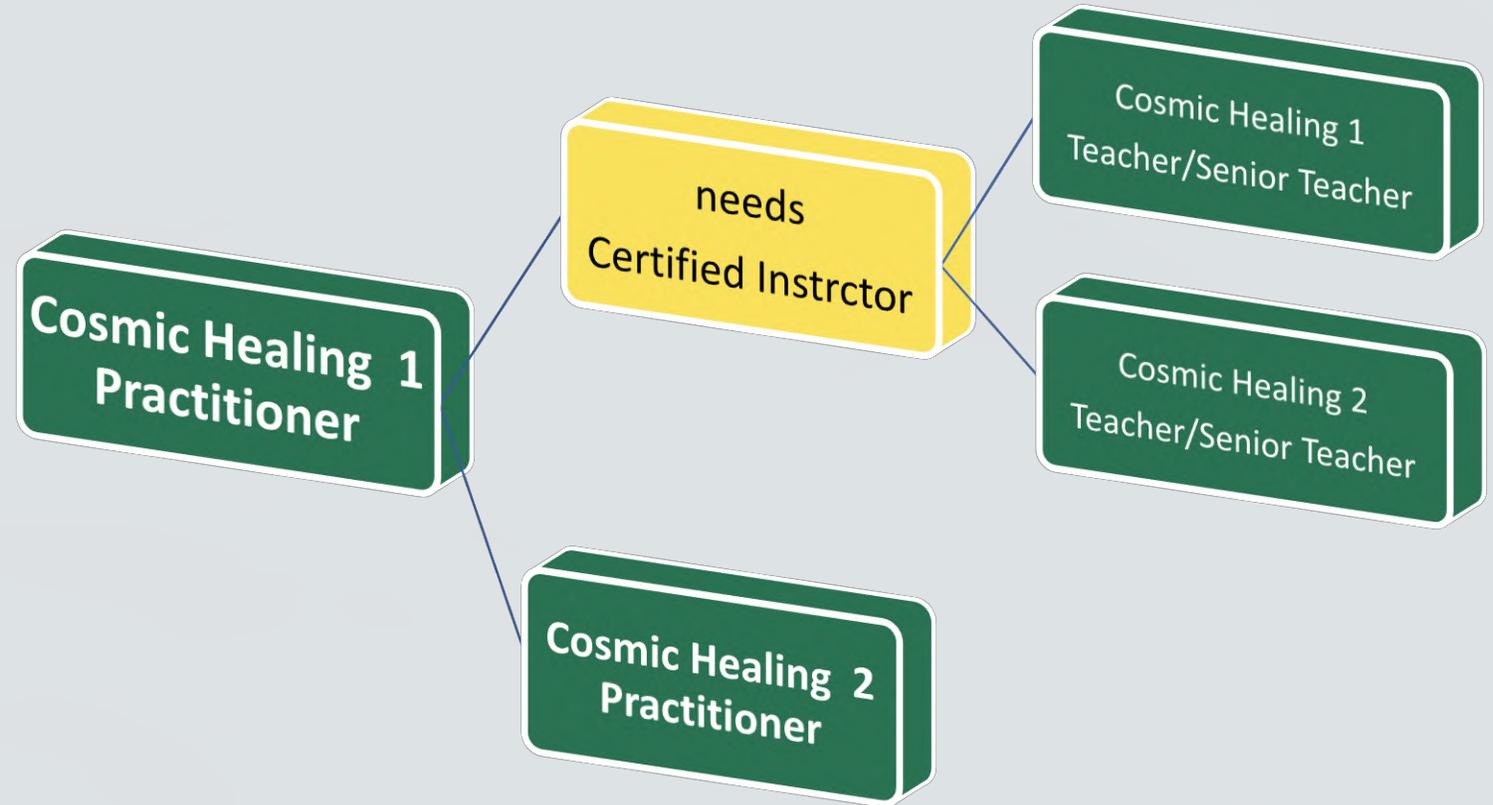
Further qualify





Universal Healing Tao® System Inner Alchemy Training

Further qualify



All training rules are stored in the database and not just in some papers, such as the training paths.

These papers are only a reflection of the training rules stored in the database.



Title Instructor Levels	Abrivation	Description	Prerequisites	Branches
Inner Alchemy Qigong Instructor Level 1	QI-1	UHT Qigong Instructor Level 1 Needs total min. 40 hours workshop education in : Basic (min.10hours)	none	1. Basic - Tao Energy Cultivation
UHT Inner Alchemy Associate Instructor	AI	UHT Associate Instructor Needs min.120 hours workshop education in Basic	Basic 1 - certification	1. Basic - Tao Energy Cultivation
UHT Inner Alchemy Certified Instructor	CI	UHT Certified Instructor Needs 120 hrs workshop education in Basic & Fusion	Basic 1 - certification Basic 2 - certification	1. Basic - Tao Energy Cultivation
UHT Inner Alchemy Senior Instructor 1	SI-1	UHT Senior Instructor Level 1 Has to be active as UHT Certified Instructor for min 4 years	Certified Instructor-Iron Shirt I-Healing Love-FUSION I (FU1) - certification	1. Basic - Tao Energy Cultivation
UHT Inner Alchemy Astrology Consultant	IAAC	UHT Inner Alchemy Astrology Consultant Has participated 8 days / 56 hrs course UHT iAA Level 1+2+3	none	1. Basic - Tao Energy Cultivation
UHT Chi Nei Tsang 1 Practioner	CNTP-1	HT Chi Nei Tsang® 1 Practitioner - Organ Detox Attend Chi Nei Tsang I 4 days / 28 hours course	none	3. Chi Nei Tsang
UHT Chi Nei Tsang 1 Teacher		HT Chi Nei Tsang® 1 Teacher - Organ Detox Attend course Chi Nei Tsang Imin. 28 hours course	'UHT Certified Instructor cetification UHT Chi Nei Tsang 1 Practioner	3. Chi Nei Tsang
UHT Cosmic Healing 1 Practioner	CHP-1	'UHT Cosmic Healing 1 Practioner Attendance of 4-days / 28 hours of workshop training	none	4. Cosmic Healing
UHT Cosmic Healing 1 Teacher	CHP-1	UHT Cosmic Healing I Teacher Is certified as UHT Cosmic Healing 1 Practitioner for min. one year active practice	UHT Certified Instructor cetification UHT Cosmic Healing 1 Practioner	4. Cosmic Healing
Title Certifications	Abrivation	Description	Prerequisites	Branches
UHT Healing Love	HL	UHT Healing Love - Inner Sexual Alchemy (HL) attend 2 days / 28 hours course Healing Love	UHT certified Instructor Iron Shirt I - Rooting (IS1) - certification	1. Basic - Tao Energy Cultivation
UHT Iron Shirt 1	IS-1	UHT Iron Shirt I - Rooting (IS1) No Case Study Forms needed in UHT Iron Shirt 1, only testing of the physical skills.	UHT Certified Instructor cetification	2. Internal Martial Arts
UHT Tai chi Chi Kung 1	TC-1	UHT Tai Chi Chi Kung I (TC1) - Yang Style Show the Yang style birds tail sequence with a single whip with left and right sides.	UHT certified Instructor UHT Iron Shirt I - Rooting (IS1) - certification	2. Internal Martial Arts
UHT Fusion of the 5 Elements 1	FU-1	UHT FUSION of the 5 Elements I attend 2 days / 28 hours course FUSION of the 5 Elements 1	UHT Certified Instructor cetification	5. Inner Alchemy Immortality
UHT Lesser Kan and Li	KL-1	UHT Lesser Kan and Li attend 5 days / 45 hours course Lesser Kan and Li, recommended in the Darkroom	UHT certified Instructor UHT Fusion of the 5 Elements 1-2-3	5. Inner Alchemy Immortality

Abrivation	Description	Prerequisites	Bra
QI-1	UHT Qigong Instructor Level 1 Needs total min. 40 hours workshop education in : Basic (min.10hours)	none	1. Basic - Tao Energy Cu
AI	UHT Associate Instructor Needs min.120 hours workshop education in Basic	Basic 1 - certification	1. Basic - Tao Energy Cu
CI	<p>UHT Certified Instructor Needs 120 hrs workshop education in Basic & Fusion with Grandmaster Chia (20 hrs in Basic & Fusion are mandatory) Educator UHT Senior Instructor Level 1or 2 and UHT Certified Instructor can teach:</p> <ul style="list-style-type: none"> - Inner Smile - 6 Healing Sounds - Microcosmic Orbit (Basic) - Chi Self massage - 5 Element Qigong - Microcosmic Orbit advanced (Passing Energy), - Cosmic Primordial Qigong (3 fires / 6 direction). <p>Can upgrade any time when ready to:</p> <ul style="list-style-type: none"> - Iron Shirt I, II, III - Healing Love (Iron Shirt 1 required) - Tan Tien Chi Kung, Tao Yin - Tai Chi I, II, III - Fusion I,II,III and to all the higher practices such as Kan & Li etc. <p>Direct Path possible in an 4 week (260hrs) retreat without being already UHT Associate Instructor. Evaluation workshop (min. 10 hours) with Senior Instructor Level 2 (needs 9 Case Study Forms, Basic 1 Inner Smile,6 Healing Sounds, Microcosmic Orbit Basic, Chi Self massage, 5 Element Qigong and Basic 2 Microcosmic Orbit advanced (Passing Energy), Cosmic Primordial Qigong (3 fires / 6 direction)</p>	<p>'Basic 1 - Inner Smile, 6 HS, Self Massage, Self Healing Qigong - certification Basic 2 - MCO, Cosmic Primordial Qigong, Passing Energy - certification Associate Instructor - certification counts</p>	1. Basic - Tao Energy Cu

UHT Education Pathes for all five Healing Arts





UHT Education Pathes for
all five Healing Arts





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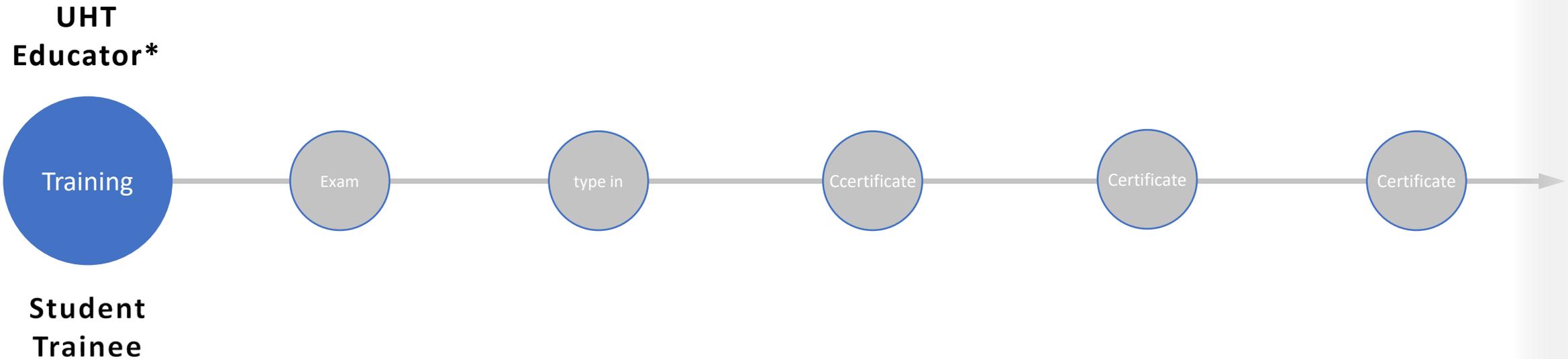
Education Guide

Overview to start your journey

Part 4 Education Timeline

UHT Istructor in 6 Steps

Educator* can open profile in the database

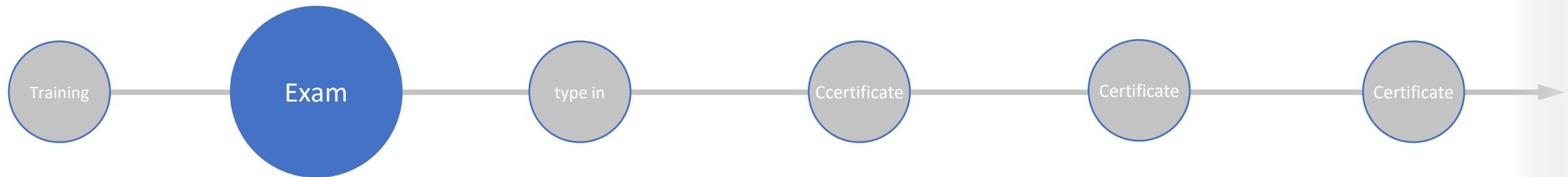


Student starts Training

* All certified UHT Senior Instructors and Instructors are referred to as Educators.

Educator certifies Instructor

**UHT
Educator**

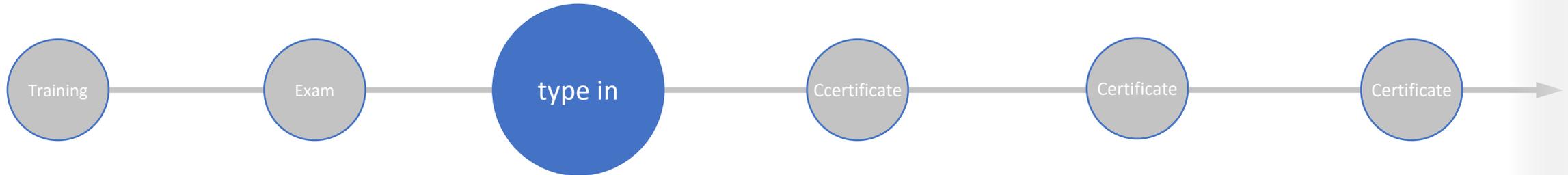


**Practitioner
Instructor**

Student becomes Instructor

Educator opens Instructors
profile in the database

**UHT
Educator**



**UHT
Database**

student has access
to the database

Educator orders Instructors
certificate in UHT Center

**Tao
Garden**

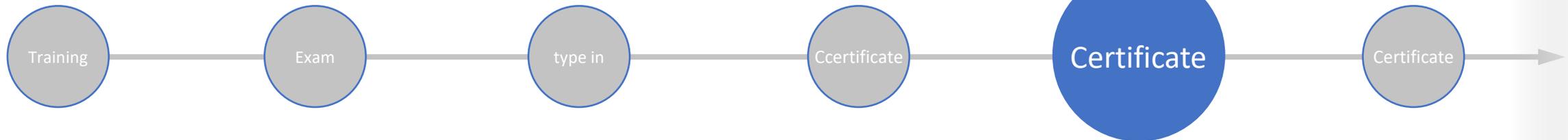


**Practitioner
Instructor**

student pays 25 €
to the UHT Center

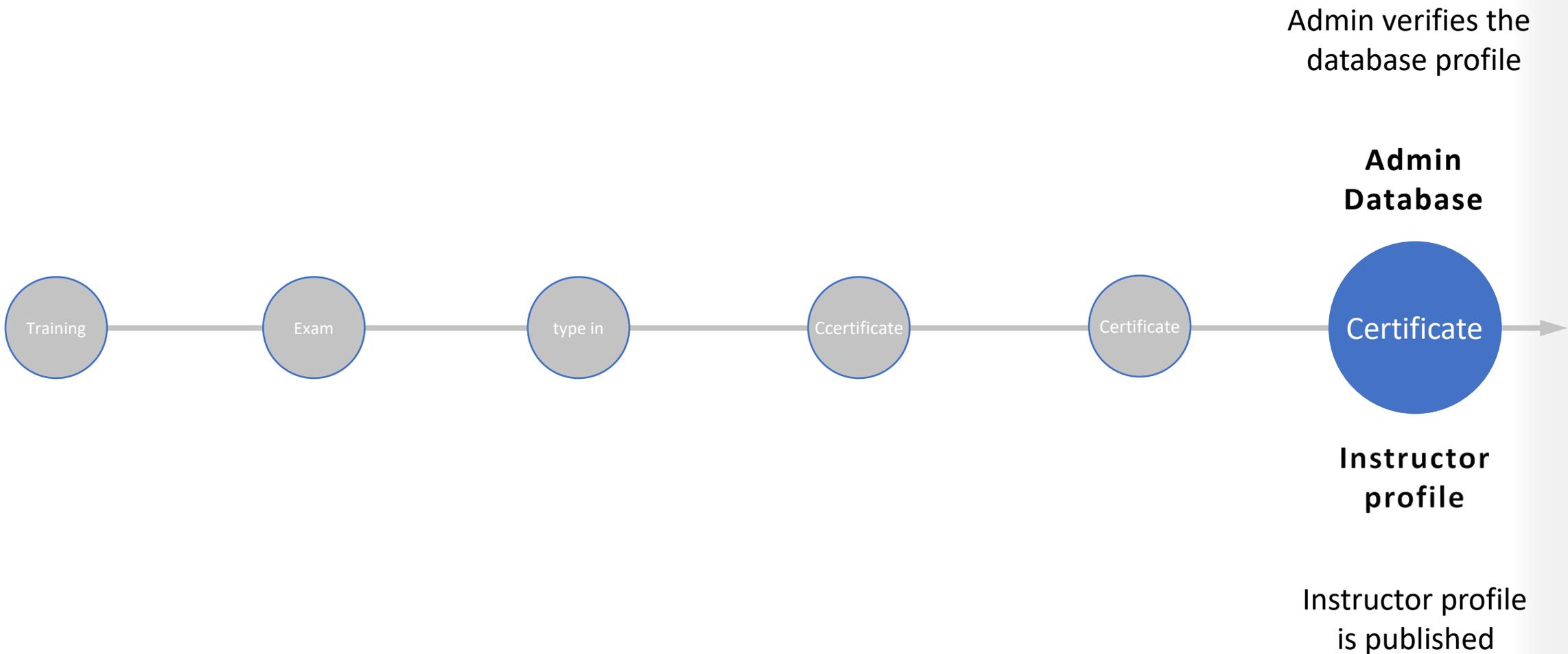
Instructor uploads certificate
to his database profile

**Practitioner
Instructor**



**UHT
Database**

Instructor has login
data for his profile.

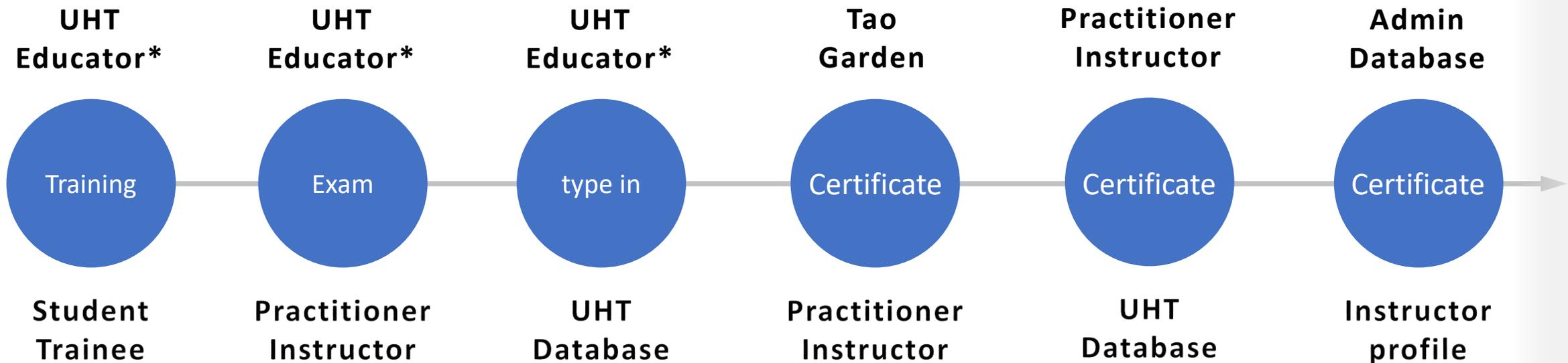




Our vision was to place the certification process in the hands of the trainees and the Educator*.

Only the payment for the digital certificate is made via the UHT Center Tao Garden.

The database sends automatic messages to the Educator and the Trainee/Instructor



* All certified UHT Senior Instructors and Instructors are referred to as Educators.



5

Education Guide

Overview to start your journey

Part 5 Tao Passport

Our Tao Passport is designed to document training and education hours with different teachers at different times, so that you can prove your training hours for an upcoming exam.



UNIVERSAL HEALING TAO®

PASSPORT

Record of Training and Practice

Become an Instructor

start your qigong journey within, teaching yourself is advanced knowledge.



For more details visit www.mantakchia.com, Grandmaster Chia's webpage or our UHT Instructor-Directory: www.universaltaoinstructors.com.



UNIVERSAL HEALING TAO® System - Ethics

1. Demonstrate acceptance of a clear, Continental Instructor Network
2. Constantly respect Grand-Master Chia, Universal HEALING TAO® (UHT) teachings, Instructors, and all students in words and actions.
 - a) Foster cooperation, sharing and trust amongst Instructors as well as in UHT organization
 - b) Being helpful and compassionate amongst each other
 - c) Clear, honest and open communication
 - d) Teaching in the same area we maintain the principle of abundance
3. Actively seek cooperation between Instructors and being accountable for the quality of the UHT System;
4. Be clear when informing students about fees, conditions of the class, duration, requirements for certification, and expected results
5. Inform students of the Healing Love courses that the practices are internal and that they will receive instructions while sitting on their chairs, and that there will be no nudity or any actual sexual practice in the class;
6. Be honest in representing your background, certification, and experience to students and the general public;
7. Be scrupulous in maintaining the boundaries of the teacher-student relationship and be clear in your communications. Never be involved in sexual affairs with actual students;
8. Be, from the beginning, clear and transparent about economic conditions with workshop organizers and with students;
9. Give your best to be a model of the UHT teachings;
 - a. be a good model and honest as a human being;
 - b. be a good listener to the real needs of your student
 - c. keep in mind the spiritual development of your students
 - d. create ways to spread the teachings
 - e. be and act in accordance to the Taoist virtues
10. Be aware of your powerful position, and honor the responsibility to develop the UHT System and its organization harmoniously;
11. For any questions or your welcomed feedback, please contact the Global Senior Instructor Coordinators.

UNIVERSAL HEALING TAO® System

Council of 9

Chaired by Master Chia, this team of 8 UHT Instructors is the foundation for holding the vision and guiding the administrative needs.

5 Healing Arts / Branches

1. Basic Tao Energy & Sexual Energy Cultivation
2. Cosmic Healing
3. Chi Nei Tsang
4. Internal Martial Arts
5. Inner Alchemy

Global Branch Leaders

The UHT Global Branch Leaders are responsible for the contents of teaching in the 6 training and education lines (branches). A team of appointed, volunteer UHT Instructors ensures the uniform level of UHT global standards.

Global Senior Instructor Coordinator

are responsible to implement the established Training Rules (prerequisites) and guide the new Senior Instructors within the Universal HEALING TAO System.

Country Contacts

UHT Country Coordinators take nationally care for all UHT Instructors of their country

Instructor search

Our new UHT Instructor-Directory shows UHT Instructors all over the world, contacts to the different teams, training contents, education rules, help videos and a big download section.

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Universal HEALING TAO® System



UNIVERSAL HEALING TAO® Center
Grandmaster Mantak Chia
274/1 Moo 7, Luang Nuai Doi Saket Chiang Mai
50220 Thailand phone:+66 (53) 495 596
e-mail: contact form webpage below
web: www.mantakchia.com



INNER ALCHEMY ASTROLOGY®
Grandmaster Mantak Chia
Analysis of the body 5 elements alchemy
Online chart with basic informations
Ba Zi or 4 Pillars, Authentic Chinese Astrology
www.mantakchia.com/inner-alchemy-astrology



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Universal-Tao-Germany-Zentrum
Kämtener Str. 20, 10827 Berlin
Tel.: +49 (30) 768 049 298
e-mail: info@universal-tao-germany-stiftung.de
web: www.universal-tao-germany-stiftung.de



Print version is still available.

In the future, the Tao Pass will be available digitally and can be downloaded as a PDF file from the UHT websites by any student interested in training.



6

Education Guide

Overview to start your journey

Part 6 Pathfinder Webpages

www.mantakchia.com
www.mantak-chia-media.com



www.universaltaoinstructors.com



www.mantakchia.com/cnt
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world tours



Chi Nei Tsang
I-II-III-IV-V
all levels



Astrology
chart
15 pages



Cosmic Healing
I-II
all levels

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Chi Nei Tsang I-II-III-IV-V all levels



Cosmic Healing I-II all levels



Astrology chart 15 pages

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**Chi Nei Tsang
Cosmic Healing
Astrology**



Chi Nei Tsang
I-II-III-IV-V
all levels



Astrology
chart
15 pages



Cosmic Healing
I-II
all levels

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Cosmic Healing
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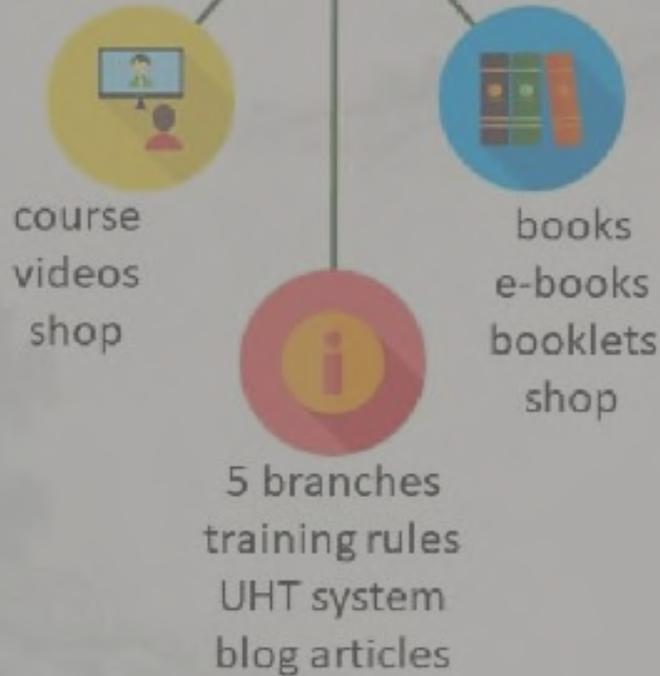
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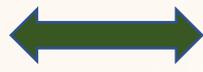
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Chi Nei Tsang I-II-III-IV-V all levels



Astrology chart 15 pages



Cosmic Healing I-II all levels



Discover Your Own Tao

Explore the Taoist path towards a natural, harmonious life with the Universal Healing Tao® System developed by Grandmaster Mantak Chia

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Video Courses with Mantak Chia

Lern with the Universal Healing Tao® System to connect with the energy sources of nature and the universe and use them as unlimited healing power.

[Learn More](#)



INNER ALCHEMY ASTROLOGY

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by Mantak Chia

Your Free Inner Alchemy Astrology Personal Short Demo Chart

With the Free Personal Demo Chart you can get an insight into your individual star/energy pattern. Fill in your birth date and get your IAA Personal Free Demo Chart instantly calculated.

[Free Personal Demo Chart](#)

Free Inner Alchemy Astrology Personal Short Demo Chart

Fill in your birth date and get your IAA Personal Free Demo Chart calculated. With the Personal Free Demo Chart you can get an insight into your individual star/energy pattern. For a better understanding of the results of the IAA Personal Free Demo Chart, we recommend the PDF Demo Chart Guide.

Birth Time	Day	Month	Year
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<input type="button" value="GET CHART"/>			



[MASTER CHIA WORLD TOUR DATES](#)

Find Universal Healing Tao® Instructors

BY LOCATION

BY CERTIFICATION

BY NAME

Countries with UHT Instructors ×
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Start your spiritual journey with Taoist Master Mantak Chia

Master Mantak Chia is the founder of the Universal Healing Tao System, as taught throughout the world to tens of thousands of students of the Tao. Here you can find qigong online course for each purpose.

[Upcoming Events](#)

About Mantak Chia

Grandmaster Mantak Chia is the creator of the Healing Tao, Tao Yoga, Universal Healing Tao System, and Tao Garden Health Spa & Resort, located in the beautiful northern countryside of Chiang Mai, Thailand. The author of more than 60 books on Taoist practices, Mantak Chia has taught countless enthusiastic students the principles of Taoist





Discover Your Own Tao

Explore the Taoist path towards a natural, harmonious life with the Universal Healing Tao® System developed by Grandmaster Mantak Chia

[Learn More](#)



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Lern with the Universal Healing Tao® System to connect with the energy sources of nature and the universe and use them as unlimited healing power.

[Available Video Courses](#)

[Show all](#)[Tao Energy Cultivation - Basics](#)[Internal Martial Arts](#)[Cosmic Healing Qigong](#)[Inner Alchemy Immortality](#)

Summer and Winter Solstice

The summer solstice (around June 21) and the winter solstice (around December 21) result from the Earth's axial tilt (approx. 23.4°) to the ecliptic. As a result, the sun reaches its highest point in the sky at the summer solstice and reaches its highest midday altitude above the horizon. This time marks the longest day of the year in the Northern Hemisphere. At the winter solstice, on the other hand, the sun's path is at its lowest – the sun is at its lowest point at noon, which brings the shortest day of the year. In the Southern Hemisphere, these conditions are reversed. The two equinoxes lie in the middle between these two dates, around 21 March and 23 September.

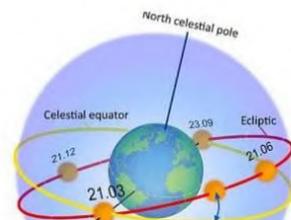
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KAN AND LI ESSENCE TRAINING COUPLING, STEAMING AND MOMENT OF EMPTINESS



For the first time ever: Five Days Kan & Li Essence Training

This Year's (2025) 5-day Kan & Li Essence workshop in Berlin, led by Dr Andrew Jan, was created as an experiment and offered a streamlined, yet deep dive, into the Kan and Li meditative practices of the Universal Healing Tao® System. The workshop is primarily designed for very advanced participants who have already gained extensive experience and can accept essence training as an enrichment. The course will take place again in May 2026 in Berlin, Germany.

[Read more](#)

Equinox - Vernal/Autumnal point

The equinox, also known as the Vernal/Autumnal point, is an important astronomical event that has various spiritual, astrological, and cultural meanings around the world. The Latin origin of the word "equinox" means 'aequus' (equal) and "nox" (night). The equinoxes are more than astronomical events – they are symbols of balance and change, both in the cosmos and within human beings, and have a deep meaning in various spiritual, astrological, and cultural contexts.



Experience Grandmaster Mantak Chia and discover the Universal Healing Tao® System

Find video recordings of workshops by Grandmaster Mantak Chia for paid access. All video content is provided via the Vimeo platform and you will be redirected to purchase accordingly. Vimeo requires a free and non-binding registration before content can be purchased.

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- [Tao Energy Cultivation - Basics](#)
- [Internal Martial Arts](#)
- [Chi Nei Tsang®](#)
- [Cosmic Healing Qigong](#)
- [Inner Alchemy Immortality](#)



[Tao Energy Cultivation - Basics](#) [English Language Version](#)



Cosmic Inner Smile

This is an exercise aid in a short training version of the Cosmic Inner Smile by Grandmaster Mantak Chia. The training video is an excerpt from a 2021 workshop at the Universal Healing Tao® Center in Thailand. You can find the entire course as a recording on our website www.mantak-chia-media.com. It was Grand Master Mantak Chia who was...

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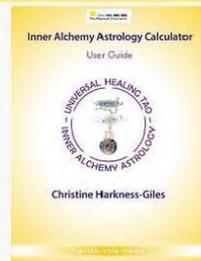
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Inner Alchemy Astrology Chart
by Mantak Chia

Your Personal Full 15-page Inner Alchemy Astrology Chart

View



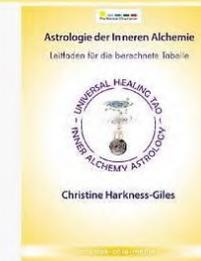
Inner Alchemy Astrology Calculator User Guide
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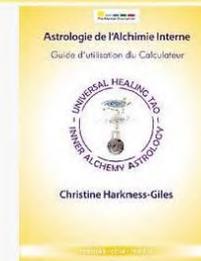
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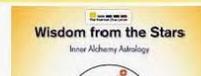
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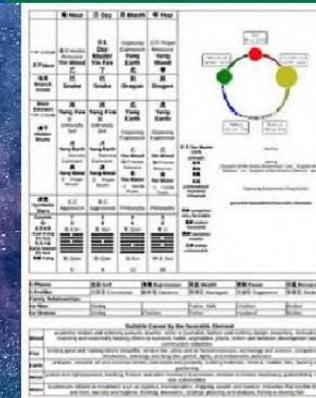
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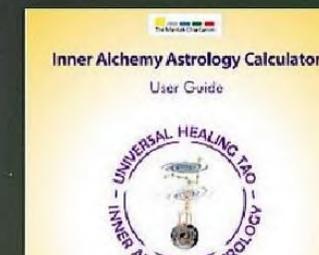
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Free chart:

姓名 Name: to day
 時 Hour: 17:00 - 19:00
 日 Day: 15
 月 Month: 11
 年 Year: 2012
 Gender: 女 Female

	時 Hour	日 Day	月 Month	年 Year	
十神 10 Gods 天干 Stem	正財 Proper Wealth Yin Wood 乙	日主 Day Master Yang Metal 庚	劫財 Unfriendly Self Yin Metal 辛	食神 Proper Expression Yang Water 壬	<p>Power Fire 0%</p> <p>Wealth Wood 28%</p> <p>Resource Earth 13%</p> <p>Expression Water 31%</p> <p>Self Metal 28%</p>
地支 Branch Animal Transforms into	酉 Rooster Metal empty	辰 Dragon Metal	亥 Boar	辰 Dragon	
Main Element 十神 10 Gods 藏干 Hidden Roots	辛 Yin Metal 劫財 Unfriendly Self	戊 Yang Earth 偏印 Hostile Resource 乙 Yin Wood 正財 Proper Wealth 癸 Yin Water 伤官 Opposing Expression	壬 Yang Water 食神 Proper Expression 甲 Yang Wood 偏财 Extra Wealth	戊 Yang Earth 偏印 Hostile Resource 乙 Yin Wood 正財 Proper Wealth 癸 Yin Water 伤官 Opposing Expression	
神煞 Symbolic Stars	天德貴人 Benevolent 桃花 Romance 羊刃 Aggression	华盖 Philosophy	文昌貴人 Study	华盖 Philosophy	
Cosmic	9	1	7	6	<p>日主 Day Master (Self) strength 得令 得地 得勢 weak</p> <p>格局 predominant heavenly influence 食神 Proper Expression (Yang Water)</p> <p>possible favorable/unfavorable elements</p> <p>用神 yongshen very favorable 偏印 Hostile Resource (Yang Earth) 正印 Proper Resource (Yin Earth)</p> <p>喜神 xishen favorable 正官 Proper Power (Yin Fire)</p> <p>開神 yianshen 比肩 Friendly Self (Yang Metal)</p>

Table of Relationships between the Animals

	Secret Friend	Allies	Conflicts
Rat 	Buffalo	Dragon, Monkey	Horse
Buffalo 	Rat	Snake, Rooster	Ram
Tiger 	Boar	Horse, Dog	Monkey
Rabbit 	Dog	Ram, Boar	Rooster
Dragon 	Rooster	Rat, Monkey	Dog
Snake 	Monkey	Buffalo, Rooster	Boar

	Secret Friend	Allies	Conflicts
Horse 	Ram	Tiger, Dog	Rat
Ram 	Horse	Rabbit, Boar	Buffalo
Monkey 	Snake	Rat, Dragon	Tiger
Rooster 	Dragon	Buffalo, Snake	Rabbit
Dog 	Rabbit	Tiger, Horse	Dragon
Boar 	Tiger	Rabbit, Ram	Snake

流年 10 Years Annual Luck Cycle

2019	2020	2021	2022	2023	2024	2025	2026	2027	2028	2029	2030
7	8	9	10	11	12	13	14	15	16	17	18
正印 Proper Resource Yin Earth 己	比肩 Friendly Self Yang Metal 庚	劫财 Unfriendly Self Yin Metal 辛	食神 Proper Expression Yang Water 壬	伤官 Opposing Expression Yin Water 癸	偏财 Extra Wealth Yang Wood 甲	正财 Proper Wealth Yin Wood 乙	七杀 Hostile Power Yang Fire 丙	正官 Proper Power Yin Fire 丁	偏印 Hostile Resource Yang Earth 戊	正印 Proper Resource Yin Earth 己	比肩 Friendly Self Yang Metal 庚
亥 Yin Water Boar	子 Yang Water Rat	丑 Yin Earth Water Buffalo	寅 Yang Wood Tiger	卯 Yin Wood Rabbit	辰 Yang Earth Wood Dragon	巳 Yin Fire Snake	午 Yang Fire Horse	未 Yin Earth Fire Ram	申 Yang Metal Monkey	酉 Yin Metal Rooster	戌 Yang Earth Metal Dog



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With respect to Grandmaster Mantak Chia

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Mantak Chia
Universal Healing Tao®

User guide for members

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You can find the date on your printed certificate.

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+ Grandmaster Mantak Chia

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3. My Profile - Image, Name and Email



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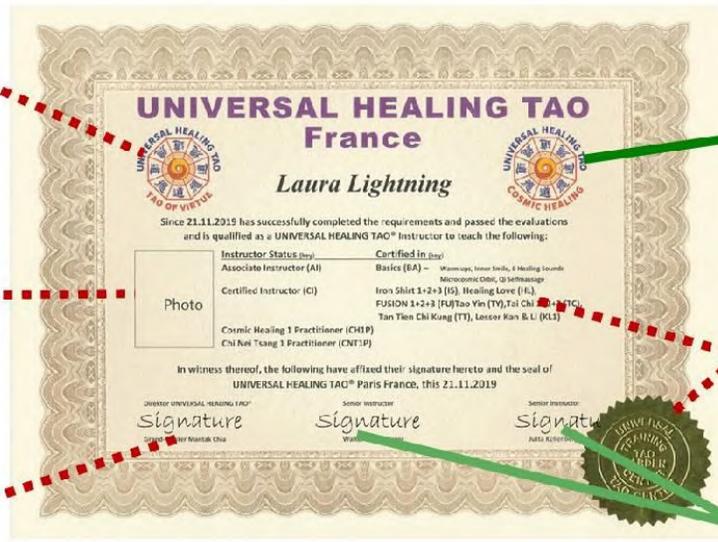
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master Mantak Chia



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Contact



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mail: hello@mantakchia.com
web: www.mantakchia.com



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Grandmaster Mantak Chia
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- Strengthen the worldwide UHT community

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With Gratitude

We thank Ms. Claudia Maria Senge for her essential support in establishing the Foundation.

